Born Harold Metcalf in Forrest City, Arkansas, he is the 8th of 13 children. He began his music career in his early teens, playing trumpet and singing lead vocals, in a 7 piece band, Abraham and His Sons. He co-wrote the group's first hit single, "Your Mother Understood", released on Revue Records, in 1971.

After 20 plus years performing, in the secular world, with stars such as Al Green, The Chi-lites, Luther Ingram, Albert King and others, his life took on a complete turn, when he surrendered his life to Christ, on Oct. 28, 2001 in Champaign, Illinois. He remained there until God moved him to Dallas, Texas, in 2005.

In Dallas, he became a member of the Potter's House Church, where he still resides. He began ministering the gospel by singing in the choir, writing, recording and producing his own music. While singing at his new church, he began to minister the gospel at concerts, and numerous other gospel events, all across the Midwest.

He has made several appearances on "The Bobby Jone Gospel Show", participated with "Sunday's Best" Winners, and ministered on numerous gospel events across the Midwest and Texas. Additionally, he was nominated by the "Rhythm of Gospel Awards" for his work on his first album, "Shelter In The Storm", in 2010.

In 2003, he wrote and recorded his first 4 song project, "About My Father's Business".
In 2009, he released his first 12 song album, "Shelter In The Storm". He wrote 7 of the 12 songs. In 2012, Pastor Metcalf recorded his second album with 10 songs entitled, "Another Level". He wrote 8 of the 10 songs, including the hit single "Stuck", which has a "Stuck" Video on Youtube.

Currently, Minister Metcalf has a hot new contemporary single entitled, "Keep The Word Of God", that will surely bless the world! He has also just released a 10 song album entitled, "Blow On Me". Loaded with potential hits, he wrote and co-produced all 10 songs on the album.

With God's Grace, everything is already in place for H. Metcalf's Anointed Ministries, to become the Next Big Blessing to the World!